

Stable Sling Instructions

Application Instructions:

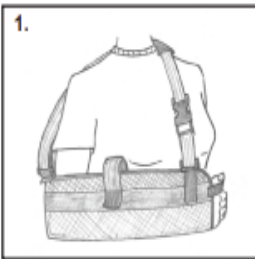


Figure 1

- Slip the shoulder strap over your head, positioning the sling over the affected shoulder.
- Detach one side of the velcro strap that is midway on the sling pouch to allow you to open up the sleeve to insert your arm.
- Place your arm in the sling pouch with your elbow tucked into the corner and position the thumb strap to your comfort.

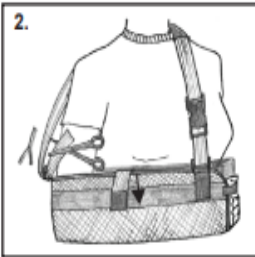


Figure 2

- Re-secure the velcro strap midway on the sling pouch.
- Medical professional will adjust the length of the shoulder strap. Extra length may be trimmed by removing the Y-Tab Velcro piece, cutting off the extra, and then re-applying the Y-Tab Velcro. Minor adjustments may be made to the front of the strap below the buckle.

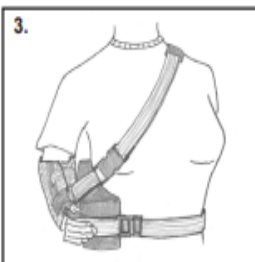


Figure 3

- Place the pillow assembly at your waistline on the affected side with the buckle facing forward and secure the belt around the waist.
- Rotate the pillow to the desired internal/external rotation prescribed by your medical professional.

Use & Care: Hand wash in cold water using mild soap, rinse thoroughly.